

WHAT KINDS OF SERVICES ARE AVAILABLE FOR SENIORS?

Accessing services and programs that assist older adults can be confusing. You may need guidance in finding the information and programs that meet your individual needs. Senior Information & Assistance can provide you with information about many services and options, such as:

In-Home Care

Detailed information and guidance on obtaining in-home support services for seniors who need assistance with housekeeping, meal preparation, transportation, and personal care. This includes a list of individuals and agencies that provide care privately and through state-funded programs such as COPES and Medicaid Personal Care.

Medical Insurance

The latest information on medical and dental coverage for seniors, including Medicare, Medicare Advantage Plans, Medigap policies, and Medicare Prescription Drug coverage.

Medicaid

Information about Medicaid coverage and the application process.

Caregiver Support

Programs that support the family caregiver by providing respite services, consultation, and information on meeting the caregiver's needs.

Housing

Lists of retirement residences, property management companies, publicly-subsidized apartments, and mobile home parks appropriate for older adults.

Long-term Care Options

A comprehensive list of boarding homes, assisted living facilities, adult family homes, nursing homes, and respite care facilities.

General Resources

Includes information about accessing a wide variety of services and programs such as property tax deferrals, powers of attorney, living wills, advance directives, transportation, and parking permits for persons with disabilities.

WHAT IS MEDICAID CASE MANAGEMENT?

The purpose of Medicaid Case Management is to help older adults and adults with disabilities access and use health and community-based long-term care services. These services help people maintain independence at home and maximize their well-being.

Who is Eligible for Medicaid Case Management?

Medicaid Case Management is a service available to older adults and adults with disabilities who live at home and who qualify for a DSHS-funded long-term care program, either Community Options Program Entry System (COPES Program) or Medicaid Personal Care (MPC Program).

What Services are Available to People Receiving Medicaid Case Management?

People who are eligible for case management services receive a comprehensive assessment of their health and long term care needs and an individual service plan that includes personal care services and household help. Ongoing home visits, telephone calls and advocacy assistance from a team of nursing and social service professionals help people locate and maintain services in their homes as well as access healthcare and other services in the community.

A case manager may help you choose from a range of options for personal care and health care services. Services will depend upon your program eligibility and may include:

- Personal care and household assistance from an agency or individual provider
- Adult day services
- Skilled nursing
- Meals on wheels and nutrition services
- Individual education and training
- Personal emergency response devices
- Medical equipment and supplies
- Home modifications

How do I Apply for Services?

If you are 60 or older and interested in learning about or applying for COPES, MPC and case management services, contact your local Senior Information and Assistance Office.

If you are under age 60, and wish to apply for COPES or MPC services, contact your local Home and Community Services Office – Island County: 360.240.4737 or 800.239.8292.